



Dear Member:

Effective February 1, 2008, the following ZYRTEC[®] (cetirizine HCl) products will no longer be available by prescription, but will be available over the counter (OTC) at original prescription strength:

- ZYRTEC[®] tablets (ages 6 years and older)
- ZYRTEC[®] chewable tablets (ages 6 years and older)
- ZYRTEC[®] syrup (ages 2 years and older)
- ZYRTEC-D[®] tablets (cetirizine HCl/pseudoephedrine) (ages 12 years and older) will be available without a prescription at your retail pharmacy counter

According to the manufacturer, ZYRTEC[®] will be in stores nationwide in late January 2008. OSF HealthPlans does not cover OTC medicines. If you are unsure about your prescription benefit coverage, check with our Member Services Department at 1-800-673-5222.

As part of your overall allergy treatment plan, you should avoid allergy triggers. Try these tips for added relief from your indoor allergies:

- Avoid cigarette smoke
- Use air conditioning filters with high-efficiency particulate (HEPA) air filtering
- Wash bedding every week in hot water
- Vacuum frequently
- Keep household humidity low (below 50%)

Talk with your doctor about an allergy treatment plan that is right for you.

If you are a current Zyrtec user you will receive a letter in the very near future with questions and answers about ZYRTEC[®]. Included with the letter there will be a coupon for \$5 off selected ZYRTEC[®] products that will be available without a prescription.

Remember, according to the manufacturer, starting in late January, ZYRTEC[®] and ZYRTEC-D[®] will no longer be available by prescription.

Sincerely,

Tim Freitag, R.Ph., M.S.

OSF HealthPlans

Director of Pharmacy